From what I gathered and understand, Version Control manage changes made to a project’s codebase or files. With it allows developers to keep track, collaborate and revert to previous versions if needs be.

This will be beneficial when multiple developers are working on the same codebase at the same time without disrupting or interfering with each other’s work. This will make finding and fixing bugs easier by tracking changes made to the code. In software development, version control is used to manage source code, track changes, and communicate with team members. For instance, Git is a well-known version control system that is employed in software development to log changes made to the code and facilitate team collaboration.

“git commit” – this is one of git commands (as “Git” is a popular Version Control System) that used often to save changes to the local repo with a message describing changes made. Commits are like checkpoints in a project's history, and developers can use them to track progress or revert changes if needed. This is important on a version control as it allows developers to track and revert to previous version if necessary.

Other Git Commands that I often use:

* “git init” - Initializes a new Git repository in the current directory
* “git add” - Adds changes to the staging area, preparing them for a commit
* “git pull” - Fetches changes from a remote repository and merges them into the current branch
* “git push” - Sends local commits to a remote repository, updating the branch with the latest changes.